Sarah Diehl

WORKPLACE CULTURE | HOSPITALITY | HUMAN RESOURCES

Igniting Leadership, Transforming Workplaces

Sarah Diehl is a powerhouse in culture-building and hospitality leadership, known for inspiring teams and transforming workplaces from the inside out. With deep expertise in human resources and a passion for people, she helps organizations unlock their full potential through purpose-driven leadership and practical guidance that drives real change. Sarah has delivered compelling keynotes at the hospitality industry's most impactful conferences and elite educational institutions, leaving audiences energized and equipped to lead with heart and excellence.



Culture Catalyst

From building resilient teams to advancing women in leadership, Sarah delivers actionable insights on the people strategies that drive thriving hospitality businesses. Topics include:

- **Becoming a Culture Builder**
- **The Restaurant Recruiting Playbook**
- **Creative Approaches to Boost Hospitality Employee Retention**
- **Critical Conversations in Hospitality Management**
- **Respect in the Workplace**

ABOUT SARAH DIEHL

Sarah is the Founder & Principal of Empowered Hospitality, an HR consulting and recruiting firm whose mission is to *create workplaces where people thrive*. Sarah launched Empowered in 2016 to fill a critical gap: access to strategic, affordable HR support for growing hospitality brands. Today, Empowered supports hundreds of companies with thousands of employees across the country. A Yale graduate and 2021 Tory Burch Foundation fellow, Sarah is a sought-after speaker on people strategy, leadership, and women in business, appearing at the James Beard Foundation, New York State Restaurant Association, FAB Conference, and more.

INSPIRE YOUR AUDIENCE

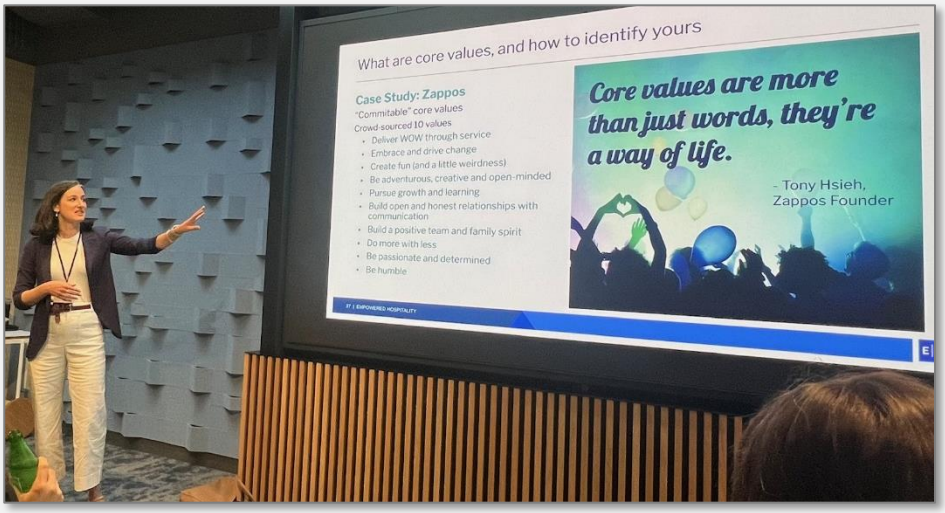
Book Sarah to deliver a powerful, engaging experience your attendees won't forget. Whether it's a keynote, workshop, or panel, let's create something impactful together.

Sarah.Diehl@empoweredhospitality.com | Schedule a Meeting

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Culture drives performance in leading hospitality organizations. Sarah boosts culture and accelerates impact through inspiring leadership sessions and focused workshops tailored to each organization's unique needs.



TESTIMONIALS

"At NYSRA we've had the privilege of having Sarah Diehl as one of our speakers numerous times over the past few years. What makes Sarah an incredible and authentic speaker is that she manages to deliver inspirational sound bites and lessons with the deeply practical tactics and solutions that leave the audience with tangible resources to guide their own career and help their organizations. Her insights on leadership, intentional career growth, and creating inclusive, values-driven workplaces deeply resonates with emerging and established professionals alike."

Gina Zimmer, Senior Vice President, NYC Operations, NY State Restaurant Association

"We have been fortunate over the past few years to have Sarah Diehl as a speaker. To witness both her and her company's growth has been nothing short of amazing. The amount of knowledge she possesses in so many facets of this industry – in both HR and Talent – fits perfectly with our audience. She comes prepared and ready to engage. We are thankful for her expertise and the time she gives to all of us at FAB."

Randi Weinstein, Founder, FAB Conference

EMPOWER YOUR NEXT EVENT

Looking to make a lasting impact at your next event? Book Sarah for a keynote, workshop, or panel that's as engaging as it is memorable. Together, we'll craft something extraordinary.

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